

First Aid Course

This first aid course will allow you to develop skills and knowledge and most importantly, confidence, to provide first aid treatment to any person suffering a sudden illness or injury. You will develop the skills to preserve life, prevent the condition from worsening, and promote recovery. It includes initial intervention in a casualty with a serious condition prior to professional medical help being available, such as performing CPR while awaiting an ambulance, as well as the complete treatment of other less serious conditions, such as applying water for burns, or assisting someone choking.

Providing effective, lifesaving first aid interventions requires instruction and practical training. This is especially true where it relates to potentially fatal illnesses and injuries, such as those that require cardiopulmonary resuscitation (CPR) or involve severe bleeding. These procedures carry a risk of further injury to the casualty and the first aider. As with any training, it is more useful if training occurs before being confronted with an actual real-life situation.

The course is delivered in line with the Australian Resuscitation Council guidelines and applies to all workers or members of the community who may be required to provide CPR in the event of an emergency.

This first aid course is essential for everyday life events, allowing you to provide immediate and effective first aid to workers or others who have been injured or become ill at the workplace or at home.

Provider of Training and Assessment

This course is delivered and assessed on behalf of Allens Training Pty Ltd RTO 90909 by **My First Aid Course**

TRAINING AND ASSESSMENT DELIVERED ON BEHALF OF



Important information prior to enrolment

Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

- **HLTAID003 Provide first aid**
- HLTAID002 Provide basic emergency life support
- HLTAID001 Provide Cardiopulmonary Resuscitation

To view full unit details please visit www.training.gov.au

Course Delivery

This course will be delivered in the workplace or at a **My First Aid Course** facility.

Course Duration (face to face)

- **Face to Face** – 7.5 hours (minimum) – full face to face course
- **Blended delivery** – 5.5 hours (minimum) face to face course – with the addition of 2 hours self-paced learning to be completed prior to attending the face to face course
- **Refresher training** – 5.5 hours (minimum) – conditions apply for this option, for example, you will need to provide previous current certificates.

Work Placement Arrangements

No work placement will be required as part of this course.

Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website allenstraining.com.au for all details relating to rights and responsibilities including complaints and appeals.

Course Fees and Payments

- Please refer to our booking calendar for individual course fees.
- **Refund and fee protection policy** – Please refer to the student handbook.
- **Payment Terms** – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

Entry Requirements

Participants must have the physical capacity to perform 2 minutes of uninterrupted CPR on the floor.

What happens at the course?

Assessment Activities

Assessments conducted during face-to-face training session(s) include:

- **Performance tasks** – The assessor must observe the following performance tasks:
 - Perform CPR on an infant
 - Anaphylaxis (allergic reaction)
 - Choking with airway obstruction
 - Unconscious casualty
 - Bleeding and shock
 - Snake or funnel web spider bite
 - Sprains and fractures
- **Practical scenarios** – The assessor must observe the following practical scenario:
 - Perform CPR on an adult
 - Breathing difficulties – Asthma
- **Theory assessment** – A written assessment consisting of multiple-choice and short answer questions. The student must complete all assessment questions.