

## Remote First Aid Course

This first aid course will allow you to develop skills and knowledge and most importantly, confidence, to recognise and respond to life-threatening emergencies when in a remote situation.

Providing effective, lifesaving first aid interventions requires instruction and practical training. This is especially true where it relates to potentially fatal illnesses and injuries, such as those that require cardiopulmonary resuscitation (CPR) or involve severe bleeding in a challenging environment and where help is further away.

These procedures carry a risk of further injury to the casualty and the first aider. As with any training, it is more useful if training occurs before being confronted with an actual real-life situation.

You will develop the skills to preserve life, prevent the condition from worsening, and promote recovery. It includes initial intervention techniques such as performing CPR, as well as the first aid treatment of other conditions, such as administering an autoinjector, or asthma medication, or assisting someone choking.

The course is delivered in line with the Australian Resuscitation Council guidelines and applies to all workers or members of the community who may be required to provide CPR in the event of an emergency.

### Provider of Training and Assessment

This course is delivered and assessed on behalf of Allens Training Pty Ltd RTO 90909 by **My First Aid Course**



## Important information prior to enrolment

### Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

#### HLTAID005 Provide first aid in remote situations

HLTAID003 Provide first aid

HLTAID002 Provide basic emergency life support

HLTAID001 Provide cardiopulmonary resuscitation

To view full unit details please visit [training.gov.au](http://training.gov.au)

### Course Delivery

This course will be delivered in the workplace or at a **My First Aid Course** facility.

### Course Duration (face to face)

- **Face to Face – 8 hours** (minimum) – full face to face course
- **Blended delivery – 6 hours** (minimum) – with the addition of 2 hour self-paced learning
- **Refresher training – 6 hours** (minimum) – conditions apply for this option, for example, you will need to provide previous current certificates.

## Work Placement Arrangements

No work placement will be required as part of this course.

## Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website [allenstraining.com.au](http://allenstraining.com.au) for all details relating to rights and responsibilities including complaints and appeals.

## Course Fees and Payments

- Please refer to our booking calendar for individual course fees.
- **Refund and fee protection policy** – Please refer to the student handbook.
- **Payment Terms** – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

## Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

## Entry Requirements

Participants must have the physical capacity to perform 2 minutes of uninterrupted CPR on the floor.

# What happens at the course?

## Assessment Activities

Assessments conducted during face-to-face training session(s) include:

- **Performance tasks** - The assessor must observe the following performance tasks:
  - Choking with airway obstruction
  - Head injury / Unconscious casualty
  - Bleeding and shock
  - Snake or funnel web spider bite
  - Sprains and fractures
- **Practical scenarios** - The assessor must observe the following practical scenarios:
  - Perform CPR on an adult and an infant
  - Anaphylaxis (allergic reaction)
  - Breathing difficulties – Asthma
  - Hypothermia
- **Documentation** - Completion of a site-based incident reporting form
- **Theory assessment** - A written assessment consisting of multiple-choice questions. The student must successfully complete all assessment questions.